**John Brenkus's Speech on Sports and Gender**

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Hey, Fadlullah Durojaiye,

I hope you are in good health as you read this message. I recently watched John Brenkus' fascinating speech about sports and gender, and I wanted to share some of the main points he talked about and request your feedback.

(Brenkus, 2018) **Brenkus’s Main Points Mainly Revolve around the question of whether having a more extensive and stronger body or Physical appearance is the main criteria to determine success in sports. He claims this idea is not accurate in his perception, and that is not true for everyone. His other points are that training from a younger age should be considered because he believes that experience and training matter the most. The reason of argument is that to ensure that there is no gender discrimination or unfair restrictions to prevent any individual on the basis of their gender. Basically, he is more in support of women who face unfair restrictions.**

**To support his claims, he gives some examples where women are performing and improving every day in the sports that are traditionally dominated by men. He took the example of female boxes who can hit more harder than the men and second he choose the golf, as I listen the video he mentions that women has the same potential as men , only thing they need a fair chances,.**

**My experience related this is that the example he gives in the video is impressive but one point that you can neglect that physical differences between genders. As I m growing up watching the sports like wrestling, cricket and football. I these types of sports I believe the body apparency really matter. Yes, we cannot deny that there were times when boys and girls played together, and it appeared to be an uneven playing field but Physiological differences cannot be denied, and in some cases, separating genders in sports allowed for fairer and more competitive matches. Without disrespecting the women, I would like to mention that equality is ok but mixing up genders in sports is not a good idea. in sports like wrestling, cricket, weight-lifting and sports in which physical strength matters that can be backfire if you said this. Moreover, these differences are especially noticeable in sports like high jump and pole vault, where the athlete's technique and body mechanics are crucial. But This doesn't mean that women cannot excel in these sports.**

**My point of views on this matter that I am disagree with Brenkus's points I believe that For example, in combat sports, the physical strength and power differences between males and females could pose safety risks if they were allowed to compete against each other without restrictions. Moreover Personally, I am concerned about sports that ignore gender differences. It's not about limiting anyone's potential; rather, it's about accepting that natural physical characteristics can influence individual abilities.**

**I'd like to hear your thoughts on this, as well as whether you've encountered instances where gender division in sports was required for fairness. Do you agree with my concerns, or do you prefer Brenkus'? Let us have a thoughtful discussion about this when we have the chance. I've included a link to a video that you can watch if you want.**

**Take care,**

**Tarandeep Singh.**

**Reference page**

Brenkus, J., [TEDx Talks]. (2018, February 7). *Why girls and boys should compete with each other in sports | john Brenkus | TEDxUniversityofNevada* [Video]. YouTube. Retrieved September 11, 2023, from <https://www.youtube.com/watch?v=XFDDeajNP9k>